 

Foomka isdiyaarinta ee waalidiinta

Ajadaha kulanka baraaraha cunuga

1. Qodobada ka yimid foomka isdiyaarinta
2. Wixii laga fahmay cunuga xaaladiisa
3. Hadafka laga midaysan yahay
4. isku duwidda waxqabadka
5. Ballamanka ku saabsan raad-raaca
6. Aqbalidda Wargelinadii hore

Møde Nr.

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| Xarunta xanaano magaceeda: | |
| Cunugga magaciisa: | Tariiq: |
| Da’da cunugga: | Waxa buuxbuuxiyay: |

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| SIDEED KU SHAR XI KARTAA CUNUGAAGA/GIINA? |

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| XAALADEE AYAA IDINKUGU WANAAG BADAN WAQTIGA AAD LA QAADATAAN CUNUGIINA? |

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| X AALADEE AYAAD LOOLAN ISKU QABTIIN KA QOYS AHAAN? |

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| MA JIRAAN DURUUFO CUNUGA AMA QOYSKABA SOO MARAY SIDA: WAQTIGII  UURKA, FOOSHA, JIRRO AMA DHACDOOYIN MACNO ULEH NOLOSHA CUNUGIINA? |

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| MUXUU YAHAY FEKERKIINA IYO KA FIIRSASHADIINA KU AADAN HAB-DHAQANKA CUNUGIINA? |

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| MAX AAD RABTIIN INLAGU GAARO AMA KASO O BAX AAN KULANKAAN BARAARAHA CUNUGA? |